

ACT LIKE
YOU
CANNOT
FAIL



HOW TO SUCCEED
IN TIMES OF CHALLENGE
AND UNCERTAINTY

TRACEY-ACADIA THOMAS

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Act Like You Cannot Fail
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Dedicated to...

everyone who has been affected by this global pandemic and have been overwhelmed with fear and anxiety. You are more than your fears, what you see around you, and how you feel in this present time. Take this as an opportunity to shift your way of thinking and how you act or react.

You have one life to live. So make sure you choose to live life boldly and abundantly.

Make the world a better place by overcoming your fears and chasing the dreams God put in your heart.

I pray this book gives you the inspiration and encouragement you need so that you can tackle life by acting like you will not fail. Continue to live a lifestyle of faith in your Creator Almighty God and through the Power of His Son Jesus Christ!

Love Always.

Tracy A. Thomas

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Introduction

Ok, so its transparency time. The first 3 months of this year, I couldn't get out of bed. The days just blended more and more into each other and the thought of getting up to go to work made me feel really depressed.

Forget the truth that I was unhappy with my 9 to 5 job, who fortunately for me laid me off in July because of cut backs due to the pandemic. Living paycheck to paycheck was just never my idea of living in abundance. So how could you possibly survive like that? I had taken time off work so that I could utilize the opportunity to finally fully pursue my dreams!

Then, Covid hit. When I turned on the news all I could hear was all the deaths from the global spread of Covid-19. There were just too many people. All I wanted was to be home with my hubby so that we could tackle the world together.

Never did I ever imagine I would see the panick and fear appearing in the voices and faces of almost everyone I know. People are losing their jobs, can't pay their bills, and can't make ends meet. Lots of people are being evicted and have nowhere to go. It's terrifying.

Never did I think I would live to see the day where we all would be forced to wear a mask everywhere we go.

After spending months at home with the kids and husband, I got too comfortable. I didn't even bother changing my clothes from bed time. I didn't even come out of bed most of the time.

I began to ask myself, what happened to all my plans for this year? Everything seemed to be lost and out of place. I had to distance myself from all the negativity and take a social media break to really reconnect myself with God and ask Him what I should do next.

His message to me was clear. Tomorrow is not promised. So move forward towards the purposes and plans I put in your heart right now!

And that was it. That was the motivation I needed to hear to take action. I sat down with my husband and we had a good talk. We talked about where we were, what we wanted, and the things we really felt God wanted us to change.

The first thing I did, I solidified an office space where we could work and take our businesses to the next level. Yes, we acquired a space during Covid. Some people thought I was crazy, telling me that I should save the money and work from home. But I couldn't. Home wasn't the environment I needed to break me out of my comfort zone.

I was willing to do whatever it took to build my businesses, so that when COVID is done, we can run with our renewed plans.

So, because I always operate in faith (as best to my ability), I saw this as an opportunity to push forward in our businesses and use the down time to really push.

I got myself a magazine mentor, signed on new writers and contributors; I restructured our businesses from the inside out. I took action without even the thought of failing. Because when you are in action, there is no time to second guess or doubt. You just gotta go and do what you need to do.

And in doing that, by changing our mindset, we have seen an increase in many areas of our businesses. To God Be The Glory!

So I encourage you, stop wasting time feeling sorry for yourself. Stop procrastinating from pursuing your dreams, those unfinished projects, or that book you have wanted to write. You Cannot Fail when you have all the elements in order to succeed. It starts with the will, mindset, determination and adaptability towards challenges or changes.

Take the chance on yourself. You deserve better in these times.

Chapter One:

FAILURE IS NOT AN OPTION

The truth is how you decide to approach anything will determine the outcome. If you decide that you are going to try something, then most likely you are not committed enough to see it through. You must decide right off the bat that you are going to DO whatever it takes to succeed.

If you have lost your job and want to start an online business for example then great! Decide you will do whatever it takes to make it work. Failure should not be an option.

The only way you fail is if you quit or stop the thing that you set out to do. Failing is not stopping and then restarting. You have the flexibility to learn, trying something new, tweak it till it works and then keep at it until you get it right.

The goal is to do everything possible to succeed making sure that failure is not the outcome. Take some time to sit down and look at the situation at every angle. What exactly needs to be done? Get some advice from a professional. Look at the situation from all possible angles. Hire someone to teach you how to do the thing or to do it for you. Either way, you must take every possible option, one at a time, until you find what works.

Practice, practice, practice!

The more you practice seeing things through to completion, the more likely you will be able to handle any situation at any time without failure.

Chapter Two:

YOU HAVE THE POWER TO CHOOSE

The Choice Is Yours. No one can force you and do the work for you. You have to do it yourself.

And it really all does come down to choice. You are the only one who will choose if you will see things through or if you will give up. Now don't get me wrong, there will be some instances where certain things will be out of your hands.

At every turn you decide what direction you want to go in. You have that choice.

But its not what happens to you that makes the difference, it is how you respond. Will you choose to make it a positive experience, or will you choose to get upset, frustrated, or give up at the sign of things not going your way.

Once you make up your mind what you are going to do the more likely you will be able to put all the pieces together to succeed.

Like I said before, you have the power to choose whatever outcome you want. The power is being firm In your decision and believing with all your might what is going to happen from there until it manifests with action.

Chapter Three:

ACT ON YOUR FAITH

Get God involved. Pray. The only way I can feel confident about the outcome of any situation is to pray about it. I would even go as far as finding scriptures that confirm my success.

For e.g. Proverbs 16:3 says, “Commit to the LORD whatever you do, and he will establish your plans.”

Psalm 37:5, Commit your way to the LORD; trust in Him, and He will do it.

Psalm 55:22, Cast your burden upon the LORD and He will sustain you; He will never let the righteous be shaken.

Proverbs 3:6, In all your ways acknowledge Him, and He will make your paths straight.

Find the Scriptures you need to back up your faith, and read them over and over again to push away any doubt or fears.

Believe that God is a rewarder of those that believe he exists and trusts him. If you truly believe God is real, then you know He will not let you fail when you put your trust in Him. This sometimes is very hard for some people, because they cannot see God, therefore they struggle with the belief that He is actually real. Many times I tell people, put God to the test. Pray to Him and ask Him to show you that He is real. God will communicate with you the way that you can understand.

The bible says in Hebrews 11:6 and without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.

Romans 10:17, So faith comes from hearing, and hearing through the Word of God (the bible).

Hebrews 4:12, For the Word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.

Jeremiah 33:3, Call to me and I will answer you, and will tell you great and hidden things that you have not known.

It is through communication and a relationship with God that will bring you to a level of trust and understanding.

Reading the Word of God tells us who He is and His hopes and intentions for us all. So, when you believe in Him with all your heart, your faith will continually grow. And if you truly believe He exists and you ask in Jesus name of anything (according to His will), you will have what you ask for.

John 14:12-14, Truly, truly, I tell you, whoever believes in Me will also do the works that I am doing. He will do even greater things than these, because I am going to the Father. And I will do whatever you ask in My name, so that the Father may be glorified in the Son. If you ask Me for anything in My name, I will do it....)

Now act on that faith and step forward to execute your beliefs. The bible says in James 2:26, For just as the body without the spirit is dead, so also faith without works is dead. The spirit of God gives life to our bodies. It breathes in the breath of life which is the Holy Spirit that gives us life. Therefore, faith in action breathes life. It cannot have life if it is not in action.

Here James affirms that works/deeds (or actions) are the byproduct of a living faith. Works do not justify us or make us righteous before God, nor are they the means to salvation. Rather, our deeds are the fruit that grows from one who is obedient to God's commands and transformed by His grace.

So when you take action forward in your faith, you are being obedient to God's commands. Being transformed by His grace is the fruit of your faith in Him. Believe in your heart that God loves you and will not allow you to fail in the things that He has destined for you to do. For all of heaven is supporting you and wants to see you succeed.

Jeremiah 29:11, For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future.

Chapter Four:

BEGIN TO SEE YOURSELF SUCCEEDING

Winning begins with seeing yourself as a winner. When you can see yourself as the winner that you want to be, you will be able to achieve great heights. Having that positive feeling over yourself will push you further than believing any doubts that you cannot succeed.

Winners often do things many are not willing to do or cannot commit to doing long term. Take a body builder for example. There is a lot it would take to getting a person's body fit to compete in competitions. There is diet, exercise, and a certain type of mindset a person would need to have in order to commit to that kind of routine. As we all know, lifting weights are not easy. So imagine the kind of pressure needed to get the body to a massive size and strength.

This is the same for being a winner. You must have the mindset to withstand the doubts, the vigorous routines,

and the discipline it would take to succeed. No one says it will be easy, but with the right mindset you can achieve anything.

Visualize yourself at the end accomplishing your goal. What does that look like to you? Many people who want to succeed spend time visualizing themselves over and over again. Visualization is a great technique to use to ensure success. After all, it is much easier to accomplish something you haven't done before if you can see yourself achieving those goals, especially if you can see in detail what your success looks like.

I like to visualize my success first thing when I get up in the morning. You can set your day for success by visualizing your successful day. Then when I am about to shut my eyes before bed, I visualize the successful outcome I want to achieve as a way to program my subconscious mind to accept the commands I am giving it. Your mind does not know the difference between what is actually happening or the movie you play in your mind.

Write it out in a journal and read it out loud every day. Maybe its your first time visualizing something you want to create in your life. Try journaling what you want your success to look like. Write about how that feels? Where will you be? Who will you be with? The more detailed you can be in your description will help you see the vision more

plainly.

Habakkuk 2:2-3, Then the LORD answered me: “Write down this vision and clearly inscribe it on tablets, so that a herald may run with it. For the vision awaits an appointed time; it testifies of the end and does not lie. Though it lingers, wait for it, since it will surely come and will not delay.

Reading your vision out loud everyday helps your ear to hear what you are commanding to happen in your life. Your words have power especially when you are speaking to yourself and believing the things that God wants you to gain towards that success.

Chapter Five:

THE ODDS ARE HIGHLY IN YOUR FAVOUR

When you prepare for your success, the more likely you are to accomplish that dream

“Success occurs when opportunity meets preparation.” - Zig Ziglar.

Nothing beats being prepared. In order to Act Like You Cannot Fail in life, you must prepare for success. Prepare like you are expecting success to happen today. What would you need to do? There are certain things required to get you from A to B to C. Find out what it is then go do it with great confidence. No matter what happens the odds are highly in your favour when you have prayed about it and feel the peace to move forward.

Psalms 5:11-12, But let all who take refuge in You rejoice; let them ever shout for joy. May You shelter them, that

those who love Your name may rejoice in You. For surely You, O LORD, bless the righteous; You surround them with the shield of Your favor.

Trust that everything that happens is happening for you to help you along the way even when challenges arise.

Romans 8:28 says, And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.

Ecclesiastes 3:1 There is an appointed time for everything. And there is a time for every event under heaven

James the Apostle recommended a surprising response to troubles: “My brethren, **count it all joy when ye fall into divers temptations**; knowing this, that the trying of your faith worketh patience. But let patience have her perfect work, that ye may be perfect and entire, wanting nothing” (James 1:2–4).

The Apostle Paul expressed a similar perspective on adversity: “**We glory in tribulations** also: knowing that tribulation worketh patience; and patience, experience; and experience, hope: and hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us. For when we were yet without strength, in due time Christ died for the ungodly”

(Romans 5:3–6).

These men understood that in light of what Christ did for us by providing salvation, **the difficulties we experience in this life take on new meaning.** They are a means through which God works to accomplish His will in our lives: to shape us so that we reflect the character of Christ. (See Romans 8:28–30.) On the basis of this purpose, all adversity “works together” for our good and God’s glory.

So buckle down and stand firm in your desire to succeed. We can rest in the knowledge that God already knows what we want to accomplish even before we ask Him. Everything has a purpose in shaping you towards success. So no matter how you look at it, the odds will always be in your favor. Even when circumstances don’t fit your expectations, trust God in all things and He will work everything out towards your good.

Chapter Six:

THE POWER OF POSITIVE THOUGHTS

You know the saying what you think about expands? Well if you are constantly rehearsing in your mind a negative outcome that is what you will get. You must at all cost examine what you allow yourself to meditate on. What are the thoughts that are knocking about in your head? You must be mindful at all times what you are allowing yourself to think about. There is great power in positive thoughts.

So, no matter what, be determined to think positively about your situation. Say to yourself that you are a winner. Know you are a winner. Think about and daydream only about wonderful winning things. Meditate on positive thoughts and words that will bring about positive outcomes.

Nothing ruins progress like negative thoughts. Negative thoughts bring on anxiety, fear, bad feelings, wrong thinking, and can set you back towards your positive

results.

Most people struggle with negative thoughts often and need to redirect their thoughts consistently. So do not feel defeated. Make up your mind that you will commit to only allowing positive thoughts to sit in your head. It will take effort to redirect those negatives into positives, but the more you practice doing that, the easier it will get to override those negative thoughts.

One good way is to say affirmations every morning before you start your day. Affirmations are like positive commands you say a loud that will help you reset your life in a positive direction setting you up to succeed.

I am powerful

I am a positive person that enjoys positive things

I am committed to success

I am disciplined and consistent

I am wonderfully and beautifully made

I am deserving of a great life

I am wise and make great choices

Pause and think about what it will feel like when you win. A good way to focus in on the power of your positive thoughts is to actually imagine the feelings you will have

in that winning moment. Will you jump up and down with joy? Will you laugh out loud? Will you beam from ear to ear with the brightest smile ever? Imagine feeling the warmth on your face as you smile. Imagine your loved ones embracing you with warm hugs of congratulations. Imagine yourself being rewarded for your efforts. The point is the more you focus on the positive outcomes that you want in your life, the more likely it will happen.

Chapter Seven:

COMMIT YOURSELF AND NEVER GIVE UP

In order to truly Act Like You Cannot Fail you must be committed to your successful end result. Think about all the ways you can succeed. What are you willing to do? How far are you willing to go? Commit to it. Give yourself a goal date of completion and then go all in! Break your goal down into parts so that you do not feel overwhelmed. Give yourself the flexibility you need to achieve your goal in a practical time frame.

Be accountable to yourself and make no excuses.

Remember the choice is yours on how things will turn out. Clear your mind from the past mistakes and move forward refreshed, renewed and restored. You've got this! It takes a certain kind of hunger that will pull you through to the finish line.

Never stop. Never give up. Know that you know that you

know that you know you cannot fail. Once you know this with all your mind, heart, body and soul, you will succeed because failure cannot be an option at this point. Your inner being will only be set for success no matter what happens.

Make sure you have fun on the journey. Learn from your mistakes. If you fall down, get back up. Then press harder than you ever did before. God is on your side. You will not fail! As long as you continue towards your goal you will have your desired outcome. The choice is in your hands. Never Give Up and you will never fail.

“If you can’t fly then run, if you can’t run then walk, if you can’t walk then crawl, but whatever you do you have to keep moving forward.” -Martin Luther King Jr.

And this is how you will succeed!



Tracey-Acadia Thomas is a devoted Christian and a global faith lifestyle ambassador!!! She is a wife, and mother of two boys, who spends the majority of her time in the things of God. She leads a women's ministry called "Soulful Women: Soul Sistas Women of Purpose," geared to encourage and inspire women in their journey with Christ.

Through this ministry, she is the founder, Editor-in-Chief and publisher of Soulful Image Magazine. Since its inception in January 2014, Tracey has been recognized for her contribution to the community as a business owner, author, writer and entrepreneur.

Tracey is the author of **Count Your Blessings Financial Workbook: Speaking The Word Of God Over Your Finances** which was published in 2008. She is a co-author in the book *Baggage To Blessings* compiled by LaTonya Sheppard in December 2016 and *Thought Leaders, Visionaries & Influencers Vol. 2* compiled by Ronnie Swais

in 2018. She currently just launched her own ongoing Anthology Leadership Book project, **SOUL FULL: Secrets of Love, Faith and Walking in Purpose** which was released at the end of 2019.

She has a passion for empowering women and families to overcome hardship and reach their greatest potential through faith and hard work.

Her core beliefs are what drives her. God, family, music, writing, and community are her greatest passions in life. And she aspires to bless all that she encounters.

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